

Local Treatment Facilities

Turning Point at Saint Mary's

1808 W Main Street
Russellville, AR 72801
(479) 967-0701

ARVAC Inc. Freedom House

400 Lake Front Drive
Russellville, AR 72801
(479) 968-7068
<http://www.arvacinc.org/>

Teen Challenge – Women's Ministries

PO Box 10443
Russellville, AR 72811
(866) 567-7101
<http://www.atcwm.org/>

The Hope Center

1706 East 2nd Street
Russellville, AR 72801
(479) 968-1635

Counseling services are provided on campus to students by calling (479) 968-0329 or by visiting the Health and Wellness Center located in Dean Hall room 126. These services are provided by licensed counselors, but do not include drug rehabilitation or detoxification services. Please see a counselor for more referral resources.

Disciplinary Sanctions

Students violating the University policy on alcohol or other drugs are subject to sanctions up to and including expulsion from the University and referral for prosecution. Any employee violating any criminal drug statute while in the work place will be subject to discipline up to and including termination. The University may notify parents or guardians of students under age 21 who are found to be in violation of the drug or alcohol policies as set forth in the Student Code of Conduct.

Sexual Misconduct Prevention Program and Policy Information. Sexual misconduct is specifically prohibited on the Arkansas Tech University campus or in connection with any of the programs and activities it sponsors. Students committing sexual misconduct, whether on or off campus, are subject to University disciplinary action as well as possible criminal action. Sexual misconduct is any sexual act which violates the criminal laws of the State of Arkansas or laws of the United States including, but not limited to, sexual assault (non-consensual sexual contact or intercourse), domestic violence, dating violence, stalking, sexual exploitation, and sexual harassment. The complete Sexual Misconduct Policy and Procedures are located in Article III, Section F of the Student Code of Conduct in this document.

Awareness and Prevention Programs.

Sexual misconduct awareness and prevention programming is presented regularly each academic year through the collaborative efforts of the Office of Affirmative Action, Human Resources, and Student Services including the departments of Residence Life, the Health and Wellness Center, and Public Safety. Examples of educational and informational programming related to sexual misconduct and assault include but is not limited to the following:

- New Student Orientation
- Residence life programming
- All new students enrolled at Arkansas Tech are required to complete Haven, an online course designed to increase awareness of sexual misconduct and provide training and education related to sexual assault including how to report such incidents.
- Guest speakers with related expertise are hosted by Registered Student Organizations
- Counseling Services provides a variety of related educational and informational media for campus community use.
- The Department of Public Safety provides safe rides after dark on campus to students.
- The Jerry Cares campaign sponsored by Student Services raises awareness of a variety of safety initiatives, including sexual misconduct.

Through these combined efforts and others, students are educated and informed about preventative and responsible actions which they can take to increase personal safety, which include but is not limited to the safety tips listed below. The preventive/risk reduction tips are not intended to be victim blaming but can often be viewed as such. Arkansas Tech University recognizes that only those who commit sexual violence are responsible for these actions. The suggestions provided below may, however, help you reduce your risk of experiencing a non-consensual sexual contact.

Avoid Dangerous Situations

- Be aware of your surroundings. Knowing where you are and who is around you may help you find a way to get out of a bad situation.
- Try to avoid isolated areas. It is more difficult to get help if no one is around.
- Walk with purpose. Even if you don't know where you are going, act like you do.
- Trust your instincts. If a situation or location feels unsafe or uncomfortable, it probably isn't the best place to be.
- Try not to load yourself down with packages or bags as this can make you appear more vulnerable.
- Make sure your cell phone is with you and charged.
- Don't allow yourself to be isolated with someone you don't trust or someone you don't know.
- Avoid putting music headphones in both ears so that you can be more aware of your surroundings, especially if you are walking alone.

Social Situations and Safety

- When you go to a social gathering, go with a group of friends.
- Trust your instincts.
- Don't leave your drink unattended while talking, dancing, using the restroom, or making a telephone call. If you've left your drink alone, just get a new one.
- Watch out for your friends, and vice versa.

Tips for Smart Dating

- Clarify for yourself what you want, what you don't want and define your limits ahead of time — before you meet an acquaintance or go out on a date.
- Communicate your intentions clearly. Tell your date or acquaintance what your intentions and limits are. "No" means no, and "yes" means yes. Be clear, firm, and specific. Polite approaches are sometimes misunderstood or ignored.
- Be assertive. Others sometimes interpret silence or passivity as permission. Be clear, straightforward, and firm with someone who is sexually pressuring you.
- Avoid excessive use of alcohol. Alcohol interferes significantly with judgment and communication. Most incidents of date rape involve alcohol use by the victim, the perpetrator, or both.
- Take affirmative responsibility for your alcohol intake/drug use and acknowledge that alcohol/drugs lower your sexual inhibitions and may make you vulnerable to someone who views a drunk or high person as a sexual opportunity.
- When dating a person for the first time, double date. Attend social events with two or three people and watch out for each other. Commit to go together and to leave together.

- Take care of your friends and ask that they take care of you. A real friend will challenge you if you are about to make a mistake. Respect them when they do.
- Trust your intuition. If you sense you are in danger, leave the area or situation immediately.

If you are the initiator of sexual behavior, you owe sexual respect to your potential partner. These suggestions may help you reduce your risk of being accused of sexual misconduct:

- Clearly communicate your intentions and allow your partner the chance to clearly respond.
- Always ask first. Listen for the response. If the response is not clear, ask again. Mixed messages from your partner are a clear indication you should stop and communicate better. You must respect their timeline for sexual behaviors with which they are comfortable.
- Understand and respect personal boundaries.
- Respect the wishes of the person. "No" means "no." Do not read other meanings into responses or behavior, even if he/she initially gives permission, then changes his/her mind. Respect the wishes of the other.
- Never assume previous sex is permission for future sex. Again, listen to what the person is saying to you.
- Never assume that others enjoy force or pressure to have sex. In reality, most persons wish to be treated with care and respect. Forced sex is a criminal act of violence. Be aware that your potential partner could be intimidated by you or even fearful. Don't abuse that power.
- Never assume that others who show up in revealing clothes or who may seem to be acting provocatively want to have sex.
- Realize that alcohol and drugs are not an excuse to have sex. It is against the law to engage in sexual activity with someone who is intoxicated or incapable of saying "no."

Warning Signs of Abuse

Warning signs of an abuser may include:

- Controlling behavior
- Excessive or threatening contact through text messages, telephone calls, or other forms of communication
- Obsessive jealousy
- Physical violence such as hitting, slapping, punching, kicking, etc.
- Put downs and name-calling
- Sexual pressure

Warning signs of someone being abused may include:

- Making excuses for a partner's bad behavior
- Fear of a dating partner
- Isolation from family and friends
- Loss of interest in activities and hobbies that were once enjoyable
- Noticeable changes in eating or sleeping patterns, or alcohol or drug use
- Loss of self-confidence
- Depression

Reporting a Sex Offense

If you or someone you know may have been a victim of sexual assault, you are strongly encouraged to seek immediate assistance. Assistance can be obtained 24 hours a day, 7 days a week from the Arkansas Tech Department of Public Safety by dialing 911 or calling (479) 968-0222. If you are off-campus, assistance can be obtained 24 hours a day, 7 days a week from the Russellville Police Department by dialing 911.

Medical assistance can be requested by dialing 911 or going directly to the hospital. St. Mary's Regional Medical Center is located at 1808 West Main Street, Russellville, AR 72801. Nurses on staff in the emergency room are trained and equipped with the supplies necessary to perform a rape kit to preserve evidence. Treatment of injuries, preventative treatment for sexually transmitted diseases, and other health services are provided. If you decide to do this, try not to shower, change clothes, eat or go to the bathroom before seeking medical attention so as to preserve any evidence.

During business hours (8 a.m. - 5 p.m., Monday through Friday), you are also strongly encouraged to contact Jennifer Fleming, Arkansas Tech University's Title IX Coordinator by telephone at (479) 498-6020, by email at jfleming@atu.edu, or in person at Room 212 of the Administration Building located at 1509 North Boulder Avenue or Amy Anderson, Deputy Title IX Coordinator, at (479) 498-6071, by email aanderson41@atu.edu, or in person at Women's Golf Office, Tucker Coliseum, 1604 Coliseum Drive.

The University encourages victims of sexual misconduct to talk to somebody about what happened so that victims can get the support they need, and so that the University can respond appropriately. Different employees on campus have different abilities to maintain a victim's confidentiality. Some employees are required to maintain near complete confidentiality; talking to them is sometimes called a "privileged communication." At Arkansas Tech, the following employees are the licensed counselors staffed in the Health and Wellness Center (<http://www.atu.edu/hwc/index.php>) located in Dean Hall:

- Kristy Davis, kdavis51@atu.edu, (479) 968-0329
- Craig Witcher, cwitcher@atu.edu, (479) 968-0329
- Hunter Bramlitt, jbramlitt@atu.edu, (479) 968-0329
- Janis Taylor, jtaylor78@atu.edu, (479) 968-0329

For additional and more detailed information related to options for ongoing assistance and reporting, please see the Sexual Misconduct Policy and Procedures located in Article III, Section F of the Student Code of Conduct in this document.

Disciplinary Sanctions.

The disciplinary process is outlined in the Sexual Misconduct Policy and Procedures located in Article III, Section F of the Student Code of Conduct. Sanctions imposed for disciplinary purposes by the University against those found responsible for sexual misconduct may include suspension or expulsion from the University. A list of all possible sanctions can be found in Article IV, Section D of the Student Code of Conduct.